

SEPSIS

S

Slurred speech or confusion



E

Extreme shivering or muscle pain

P

Passing no urine in a day



S

Severe breathlessness



I

It feels like you are going to die



S

Skin pale or mottled

If you detect even a few of these symptoms, seek medical help immediately and ask, “could it be sepsis?”



✓ FACT

Rapid diagnosis and treatment can prevent up to **80% of sepsis fatalities**

Sepsis can initially look like **flu, gastroenteritis or a chest infection**

5 people die due to sepsis **every hour** in the UK

40% of all sepsis survivors **suffer permanent, life-changing after effects**

240,000 people are killed **per year in the UK** due to sepsis