



CAPTURING CHERISHED MOMENTS FOR WORLD PHOTO DAY

TOP TIPS on how to take *and* use great PHOTOS

They say a picture can say a thousand words and photographs are one of the most authentic modes of image - so how can we best use photographs in our service? Firstly the obvious, it is so important to gain consent from the service user before you take or use any photographs, make sure you tick that box before you start!



1

Have a service user profile or identification pic – let's make it fun, it doesn't need to be like a prison mugshot.



2

Take photographs both inside and outside – changing the setting is more stimulating and creates variety



3

Using photos of objects and personal items not only aids communication but also helps staff easily identify treasured and important belongings



4

Get creative and start a photography club – have service users take their own pics and collaborate!



5

Compile service user memory books – this can be great for individuals with dementia or memory problems



6

Creating a memory book can be a very positive and therapeutic activity for all service users – a way of remembering achievements and great times



7

Consider a photo booth for events at your service (this doesn't need to be expensive, you could put a few themed props together yourselves)



8

With consent, think about sending picture updates to family members. Nothing is more pleasing than seeing a loved one happy and content or doing an activity they enjoy



Get ready for World Photo Day on 19 August - this year's theme is **Clouds.** Why not get your service users involved? You could:

- ☉ Organise a cloud photography competition; or the best picture taken of a service user with clouds in the background
- ☉ Take team photos, group photos, couple photos, single photos
- ☉ Get creative and have fun!